

# The Link

The magazine for Rode, Tellisford, Woolverton and  
Farleigh Hungerford, part of Hardington Vale



**SEPTEMBER 2022**

Catch The Bus Campaign Details  
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The Big Green Weekend – Don't Miss It  
-----

GP Arranged Pharmacy Appointments System Now Live  
-----

and lots more local news and info too...

**£1**

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1 <sup>st</sup> Rode Scout Group Beavers Wed 4.45-5.45pm Cubs Thu 6-7.30pm Scouts Wed 7-8.30pm Scouts Edor Explorer Unit Every other Tuesday 8-9.30pm NB During school terms only	Group Scout Leader: Howard Russell	hdrussello1@gmail.com 830640/07736 739680
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# Church Reflection, News & Events

## REFLECTION - WHAT ARE WE MEANT TO BE DOING?

As I write, members of the Conservative Party are choosing between two candidates, one of whom will be the next Prime Minister of the United Kingdom. Each candidate has spent huge swathes of time and money presenting themselves to the party faithful (and to the rest of us?) in order to encourage people to vote for them.



Reflecting on this, I have been thinking about how we *all* have a role to play in the world in which we live, whatever stage of our life we are at. Many of us do not recognise what that role is or maybe wish we had a different one. When I was a lad, I rather fancied playing cricket for Yorkshire, but that was not to be. Indeed I was and am useless at cricket and I was not born in Yorkshire, so altogether I was on to a loser! But even in our later years there can be new roles to play, new challenges we are called to meet.

I have been interested to compare the Conservative party process with the situation described in the Old Testament where Jeremiah is appointed “a prophet to the nations”. In chapter 1 of the book of Jeremiah we read that the Lord spoke to Jeremiah encouraging him to take the job. He reminds Jeremiah that even before his conception He knew him and had appointed him for the post. God knew Jeremiah, and He knows us – has known us from even before we were twinkles in our parents’ eyes!

Jeremiah’s response, however, was to say, “Alas, Lord God! Behold I do not know how to speak.” Two things are very clear in this passage. The first is the divine certainty that Jeremiah had been chosen for the role. The second is the humility of the chosen one who recognises and is explicit about his failings. The Lord’s response to Jeremiah’s concerns about his abilities were that he should not be afraid and that He, God, would be there to enable him.

My hope is that both we – and the two candidates for prime minister! – should be aware of our own frailties and yet also be able to see the roles we are called to perform – and receive similar assurance that we can carry these roles through. However old, however young, we each have so much to offer.

There is one final encouragement to Jeremiah which is an encouragement for all of us: “Do not be afraid... for I am with you.” The Lord promises to be with Jeremiah every step of the path he is to take. As we venture into a new role that we believe we have been given in the world, can we be assured that however lonely it may seem we are not on our own, and that the Lord God is our encourager and will be with us every step of the way?



# Church Reflection, News & Events

I pray that we (and the new Prime Minister) will discern the roles that we are currently called to take on, that we can recognise and be open about our failings, but that we can also have confidence through knowing that the Lord is with us.

*Michael Harrison*

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## NEWS FROM ST LAWRENCE

What a summer it has been with the heat and drought and so we now turn our thoughts to Harvest. There will be Harvest Services across the parish which are advertised in the Link (inside back cover) but we are also reviving the Harvest Supper.



This will take place in St Lawrence Church on Saturday 1<sup>st</sup> October at 7pm and will be a hot meal, tickets £10 – please contact us on the numbers below. Drinks will also be available.

If you have a harvest related poem, short story or ditty you'd like to bring along and read out after the meal this would be much appreciated. Tickets will be limited because of space and will be issued on a first come first served basis.

Maintenance work has continued with the ferramenta (horizontal iron bars) forming part of the magnificent West window having to be replaced due to 150 years of corrosion. One of our missions is to pass the church onto the next generation in at least as good condition as our generation received it. We are seeking to do this as efficiently and economically as we can and are grateful for the support received from people and organisations in our lovely village.

We would also like to thank Peter Stratford for the excellent work he has completed on the church notice board which is outside the Post Office.

Whilst writing this we are looking forward to the wedding we are holding in St Lawrence on the Bank Holiday Sunday afternoon, so you may have heard the bells ringing to celebrate the marriage service.

After a slight change to Services during August due to holidays we return to our normal Service Pattern in September with Holy Communion at 10.30am on the 4<sup>th</sup> and 18<sup>th</sup>. Breakfast Church at 9am on the 11<sup>th</sup> and an Informal Service at 10.30am on the 25<sup>th</sup>. We hope to see you during September.

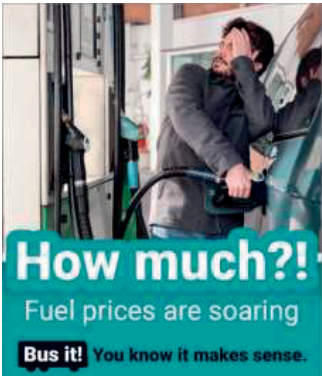
*Sally Pickett (831796) and Geoff Banwell (831139)*

# Parish News

## SEPTEMBER IS 'CATCH THE BUS MONTH'

Across England (and here in Rode), everyone is being urged to make a special effort to use the bus more in September and get into the habit of 'BUSSING IT'.

The one thing we can all do to improve our bus service in Rode (or in this period of lots of bus cuts just maintain our village bus services) is to BUS IT whenever we can.



As the Somerset County Council campaign says 'BUS IT: You Know It Makes Sense'.

Why does it make sense to BUS IT? Because it helps reduce our carbon footprint .. given the high cost of petrol, because it helps with our ever-worsening cost of living crisis ... because it means we can keep buses going through Rode which provide a lifeline for those too young to drive, or perhaps too old, or simply can't afford the costs of owning and running a car.

We have all battled for 7 years now to keep our buses going through our village ... and we constantly try and persuade particularly First Bus to improve its bus services to Bath via Rode. And we'll continue to put that case, but our argument is strengthened if more people could use the existing buses that go through Rode.

Every day (but never on Sunday!) we have an hourly bus daytime service to and from Frome and Trowbridge via the Faresaver X34 and early morning First D2 buses to Bath (plus one early evening buses) and afternoon buses back to Rode from Bath (plus a late night bus). Up-to-date Bus Timetables are available in the Village General Store and Café.

*Peter Travis*

Frome & Villages Bus User Group

## NHS SOMERSET INTRODUCES THINK PHARMACY

We have introduced a new, same-day, GP community pharmacy consultation service to help you receive quality care and support for minor health conditions, more quickly through accessing care via your community pharmacist.



It is estimated that 1000 GP appointments have already been freed up by the new Community Pharmacy Consultation Service.

If you live in Somerset and contact your GP to discuss a minor illness or injury, your GP receptionist may offer you a same-day consultation with your community pharmacist. Community pharmacists are highly qualified clinicians and can offer medical advice for minor injuries and illnesses.



During your consultation, your pharmacist will take your medical history, ask about your symptoms and any current medication you might be taking. Following the consultation, they will offer you advice and where appropriate, offer you an over-the-counter product. Some pharmacists are also able to offer anti-biotics.

The pharmacist will make a record of the outcome of your consultation on your patient record.

If having given you advice/treatment, your pharmacist thinks you may need further specialist help they will be able to refer you back to your GP or recommend another health service for support.

For more information on the Community Pharmacy Consultation Service, visit [nhssomerset.nhs.uk/community-pharmacy/](http://nhssomerset.nhs.uk/community-pharmacy/)

# Parish News

## SEPTEMBER IS ABOUT MOVING

August marked the first 100 days in my role as a Somerset County Councillor. And what an amazing 100 days it has been!



I have learnt so much about the wonderful things happening in the Frome North community, the hard work going on at County Hall, and even more about myself.

It is very apt that on the 100<sup>th</sup> day, which was Saturday 13<sup>th</sup> August, I gathered with Frome Town, Mendip District and County Councillors, along with members of the public, at the D2 bus stop in the Frome Town centre in support



of the 'Save the Buses' campaign. Across the country bus services were being cut as the pandemic funding was to end in October. But so much work has been going on 'behind the scenes' to bring people and organisations together who can make the financial decisions, to come up with solutions and most importantly, to take action. Locals, passionate about our buses, such as Peter Travis in Rode, who is the Co-Chair of the Somerset Bus Partnership put the case forward for us in Frome North (and beyond).

A huge thank you to Peter, his team, colleagues, and volunteers (and all relevant organisations in Somerset and across the UK) for working tirelessly to get £130 million made available from the Department of Transport to keep services running across the UK. Sometimes our actions feel small, but as a collective, amazing things happen.

This grant is only for the next 6 months, which means we need to ensure that bus usage goes up and remains at the heart of our communities.

September is 'Catch the Bus' month, and it would be great if more of us could make use of the buses. Maybe enjoy a pub lunch in a neighbouring village, without having to ensure a 'designated driver'. Or attend a sports event or the theatre in Bath, a night 'on the town' or a family day out. It's cheaper, convenient, less stress, and of course the greener option. And it's a lot of fun!

I will be hosting a **surgery on the D2 bus in September**. I am so excited! Please watch social media and I will let you know when I will be on the bus meeting you to hear about your local concerns and celebrations.

## Parish News

On a personal level, September is about moving my body more. As an ex-PE teacher, I have felt my health and fitness slip, especially as I entered the menopause. Less than 40% of women in the UK exercise regularly. This of course impacts mental and physical health and puts pressure on our precious health services. If you know you need to exercise more, please join me at the Park Run at the Frome Old Showfield.

I am in no shape to run so will be walking the 5km circuit. It will be fun to do it as a group especially if you feel as 'out of shape' as I do. And let's talk about your local issues along the way too. Sign up and let me know you will be joining me for my **Walking Surgery on Saturday mornings**. It's free and fun!  
<https://www.parkrun.org.uk/theoldshowfield/>

Check out my 'Diary of a Councillor' on <https://dawndenton.wordpress.com/>

Enjoy the rest of the summer and see you 'on the move'.

*Dawn Denton*

E: [dawndentonfrome@gmail.com](mailto:dawndentonfrome@gmail.com)

Facebook: Cllr Dawn Denton – Frome North

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### LUNCHTIME CONCERTS IN NORTON ST PHILIP CHURCH

Our next lunchtime concert takes place on Thursday 8th September  
1pm to 2pm – tickets £5 available on the door.

This month we welcome **Trio Paradis** with a programme titled **Daughters of the Muse**

This concert will offer a collection of beautiful music by women composers from the 12th to the 20th century. The programme will include music by Hildegard of Bingen, Clara Schumann, Elfrida Andree and Mel Bonis, along with biographical anecdotes about the composers.

Trio Paradis comprises Jacquelyn Bevan (piano), Lisa Betteridge (violin) and Linda Stocks (cello). Formed in 2009 they currently perform ten daytime Cafe Concert series in Somerset & Wiltshire each month, as well as evening concerts. They are members of Musicians South West who bring live performance to new audiences. More information at: [www.trioparadis.com](http://www.trioparadis.com) and on Facebook @trioparadisbath.

*David Lockley*



# Parish News

## RODE MEMORIAL HALL AGM

The committee members were joined by a new member and a parish council representative on the 19th July.

It was a sombre occasion where we remembered our late Chairman, Duncan McLennan, and all that he had done for the good of the community.



A Memorial will be created in due course. Duncan's family, led by daughter Jess, will be holding a quiz evening on 26th November in his memory to raise funds for blood cancer charities and the hall.

As we were struggling for members, it was agreed that Mark, Kate and Nicola would be acting chairs until we could find volunteers for the essential roles. It was agreed that a Facebook appeal should be created on the Rode Village page to seek new members. This achieved an amazing result with people volunteering to join us.

Our next Committee Meeting is at 7.30pm at the hall on the 18th October, if anyone would like to join us please do get in touch. We are still looking for a Bookings Secretary, Committee Secretary and Chairperson.

*Nicola Ratcliffe*

Secretary

[nicolaratcliffe@btinternet.com](mailto:nicolaratcliffe@btinternet.com)

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## 200 CLUB DRAW RESULTS

The winners for July were:

1st prize £50 - Mel Richards

2nd prize £25 - Claire Towe

Drawn by Eileen Neal

The winners for August were:

1st prize: £50 Nicola Radcliffe

2nd prize: £25 Tracey Peachment

Drawn by Willow Roberts



*Jan Jupp*

## A GIVING HARVEST

We are all aware that this winter could be very difficult for many people living on, below or near the breadline. The rising cost of living shown in fuel and food prices will leave many struggling. This year Rode Chapel will again be donating to Fair Frome and to the Methodist Centre for the Homeless. More than ever these charities need support so that they are able to help those in need.

We would welcome any donations in the form of canned, boxed, or bottled food. Donations can be dropped off at the Chapel on Thursday 15<sup>th</sup> September 2pm - 4 pm ( during Craft Club), Saturday 17<sup>th</sup> September in the afternoon between 2pm and 4pm or on Sunday morning at our Harvest Service.



Our Harvest Service will be at 10.30am on Sunday 18<sup>th</sup> September. Why not come along and join us?

*Val Parker*

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## RODE CRICKET CLUB

Only one cricket match to report on as we had something of a mid-season break for most of August. The return match against The Star took place on 28th August on Bath CC's ground in Lansdown. The Star batted first and started strongly before wickets for James Coldstraw (3 for 49), the author (3-47 including two very fortunate ones it has to be said) and one each for Simon Westbury, Ollie Tucker and Will Wotton pegged them back a bit to a total of 259-9 off 35 overs. As has happened so often this season, Rode started strongly with James Pickett and Simon Westbury opening, and Ollie Tucker coming in at 3. James top scored with a truly superb 66 made extremely quickly (he reached 41 with only three runs not scored from boundaries) but regular wickets at the other end meant it was all in vain. We were finally all out with 85 still needed.



Two more matches to complete the season - 4th September against Norton St Philip (away) before the final game at Urchfont on the 25th. It's been great playing again for the village and really encouraging that with one exception we've managed to get a team out for every scheduled game, so all in all a successful return for the village to cricket. Let's hope we go from strength to strength in the coming years!

*Andy Pickett*

# Parish News

## UKRAINIAN GUESTS – THE LATEST

Another month has passed and we are all getting used to seeing Ukrainian cars around the area, and hearing Ukrainian spoken out and about. Our Ukrainian guests in the community have been experiencing the vagaries of a British Summer, causing one to query ‘How does this happen, 34C one day, 24C the next?’ I think they are used to more stable weather patterns back home!

**Our Personal Experience:** Since my last update, Caro and I have now welcomed our own three Ukrainians into the household, and a very rewarding and occasionally challenging experience it has turned out to be. Volodymyr and Olena are a younger couple and they have with them Liliia who is Volodymyr’s mother. It has taken some time to even get used to how to spell their names! We have (in no particular order):

- been through the welcoming registration with Somerset
- set them up with a bank account each
- registered them with the NHS
- got them mobile phone SIMs
- registered them for Universal Credit at the Job Centre
- had them jabbed (their third, so first booster)
- got them their Biometric Residence Permits allowing them to stay 3 years

And I’ve probably forgotten some. Phew! And no doubt more bureaucracy will follow. In addition we have of course had to teach them the ways life works in England. Driving on the left was interesting, especially at roundabouts; which lane do I get into? This is not always obvious – there are general rules, but so often they are overridden by signs painted on the road. And getting used to our narrow country lanes has been a bit challenging for a driver used to 6 or 8 lane highways in Kyiv! And yesterday we had a lesson in how to do the recycling, when the bins go out, what goes in what, and so on. I get confused myself often enough, so it’ll be no surprise if they miss a pick-up at some point, as we’re leaving them largely to their own devices in September. They do have backup support though from our wonderfully supportive buddies, Jane and Martin, and Sue.

And then there’s Richard the cat of course, an absolutely gorgeous ginger cross between a Scottish breed and a Chinchilla, with beautiful amber eyes. Used to living on the 24<sup>th</sup> floor of an apartment block in Kyiv, he is now loving the opportunity to explore the garden and meet the neighbours’ cats.

Last night we took our guests down to the opening night of the reopened Mill, their first experience of an English pub. A nice sunny evening, sitting outside – not a bad introduction! In the middle of writing this article, I have just spent a few hours trying to get their UK mobile numbers transferred from ‘3’ to their

# Parish News

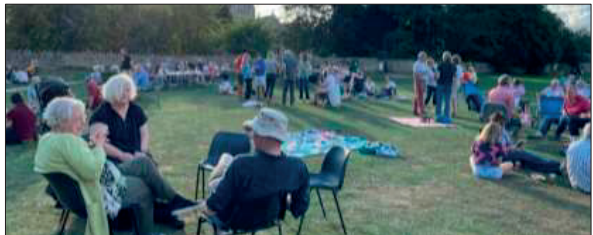
new 6-months-free Vodafone SIM card, and that was not a lot of fun. Still, we've now managed to get two of the three numbers transferred. Why does everything seem so frustrating and difficult these days??

**Education:** As regards the whole Ukrainian community, the summer holidays have meant that English lessons have been scaled-back, classes only on Mondays and Fridays, funded by Somerset Council. The issue of childcare meant that it was going to be difficult for those with youngsters to be able to commit to their lessons, so the group decided to pause the lessons from Bath Academy during the summer period but restart in September when the schools go back. As a result of the wonderful response from the local community to the two Ukrainian evenings we held back in July as well as other individual donations received over the summer, we now have sufficient funds to allow Bath Academy to continue with lessons for another 6 weeks, so till the middle of October. Classes will be 3 hours long, two days a week, on Mondays and Tuesdays in Rode Memorial Hall. The Somerset funded classes will still be taking place in Norton St Phillip on Fridays as before.

There will be changes to the approach the Bath Academy teachers will be taking, however. As before, the students are divided into two groups, studying in parallel. The upper group (intermediate and advanced) will be hoping to take an exam at the end of their 6 weeks, the aim being to get them a certificate which will be useful in job interviews when applying for work. For those of you familiar with these things, the target is to if possible get the more advanced students up to level C1 of the European standard for grading language proficiency, defined as 'Effective operational proficiency or advanced'. The other less advanced group will concentrate on spoken/conversational English, which may possibly lead them to an appropriate exam at level A2 (basic and elementary). The students are certainly all very keen to progress their language skills, which have already in some cases come on a long way from when they first arrived some months ago.

**Another Ukrainian Evening:** The two Ukrainian evenings we held in July were so successful the Ukrainians decided to hold another.

This time it was a summer barbecue on the Mead in Norton St Philip on Friday 26<sup>th</sup> August.



# Parish News



They were lucky in being blessed with fine weather, and lots of folk turned up to sample the beautifully made food on offer. There was a big vat of Kulish (a millet porridge) followed by skewers of meat which looked very appetising (even though I am vegetarian!) as well as Vareniki (a filled dumpling), and absolutely delicious apple bun-type desserts. The photos give you a taste of the atmosphere of a most enjoyable evening.

**Next?** As probably everyone is aware, hosts have signed up to a minimum of 6 months, and many of the earliest arrivals are getting towards that point. So discussions have been held in many households as to what happens next. There is no easy answer to this conundrum.

Their English has improved tremendously, and there are quite a few jobs available locally, which they will no doubt be applying for once their language training is finished. And some have already found employment in the area. But to earn enough to be able to afford their own place to live is really very challenging. There is already a shortage of affordable accommodation for local people, so where are the new arrivals to go? Most hosts are happy for their guests to stay on after the 6 months period is up, but they will have to move on at some stage. And of course for those with children now happily settled in local schools, it is important that they are able to stay local, in order to avoid unsettling already disturbed children. Not easy.

So if anyone knows of any rentable accommodation at a reasonable price, please, let me know. Or if anyone has previously thought about hosting Ukrainians and initially held back, but now would like to proceed, then again, do let me know.

My next report will not now be till the November edition, at which point we will be heading into a worrying winter, with the cost of living and energy prices going through the roof (as I write at least). Our guests are already thinking about how they are going to cope...

*Ali Smith*

T: 01373 830911 / 07970 737382



## PLAYING FIELD LOTTERY

Lottery winners in July 2022, drawn by staff and customers in the Cross Keys:

1<sup>st</sup> - £50.00 .... Mr. G. Robinson, Rode.

2<sup>nd</sup> - £25.00 .... Howard Russell, Rode.

3<sup>rd</sup> - £25.00 ..... Jane Sharman, Rode.

Sunday Roast for two, Tim Plaister.

Thanks again to Mark and Hannah.

If you would like a chance to get a slice of this action, remember only 200 tickets available and a share of £100 and two Sunday roasts, all for £1.00 per ticket!



And remember you are supporting the Playing Field when you buy your ticket.

Tickets on sale at the Post Office, or directly from Jane and I.

Next draw Friday 30<sup>th</sup>. of September. If anyone would like to witness or do the draw then please feel free to do so and just ask.

*Keith Sharman*

T: 830408

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## NSP CHISTMAS FAYRE

Norton St Philip's Christmas Fayre will be held on Saturday 10th December from 10am till 12 noon in the NSP church.

Last year numerous stall holders brought their arts and crafts and took a table.

If anyone is interested please contact me on 01373 834226.

*Glenys Brown*



# Parish News

## LAVERTON NEWS

**Laverton Fingerpost** - Many thanks to Bob Hill for keeping the Laverton fingerpost looking ship shape. I spotted Bob on his ladder repainting the post whilst I was driving through the village and couldn't resist taking a photo. Thank you Bob - It's looking great!



I had often wondered why the Laverton post had the spelling Buckland Denham - when the village is called Buckland Dinham. I asked Bob and he came back with a very interesting and comprehensive answer - see below:

There are two fingerposts where it is spelt Denham (prize for anyone finding the other one!). The probable (but boring) explanation is that while the 2nd finger of a large batch was being cast, the mistake was realised so the pattern was rectified to Dinham for all the others. An alternative more interesting version is that they are interchangeable because William the Conqueror gave the land to one of his faithful knights who came from Dinons in France. 'de Dinons' got shortened to DE(di)Nons or D(ed)INons. The Somerset Place Names book says : Bocheland 1086 (Domesday Book) "The land that is held by charter is Dunn's Home". Buckland is from the Old English *bocland*. Dinham is from a personal name *Dunn* and the Old English *ham* [meaning home, farm or small holding]. Dunn was one of the king's thanes at the time of the conquest. In passing, Laverton comes from Lavreton 1086 (Domesday Book) "The laurel tree enclosure" from the Old English *laur* and *ton*. This was the land of William de Ow whose tenant was named as Herbert.

**Need Something Repairing?** - Back by popular demand the Repair Cafe will be open for business in the Palaret Hall, NSP on Saturday 10 September from 10-12 noon and my husband Martin will be one of the team - so if you have any small electrical items currently not working - pop along!

**New Road Markings** - 9pm on a Friday evening, Martin and I were just settling down to watch the athletics when a rather large vehicle seemed to be stuck on the bend of Row Lane (not unusual!). We went to investigate only to find Somerset Highways painting white lines at the junction of Row Lane, in the dark! Rather an unusual time to be working - but thanks guys.

**Book Exchange** - We've had a bit of a clear out in the book exchange and have lots of new books, for adults and children. Many thanks to the NSP Palaret Hall for their kind donations.

Enjoy the rest of the summer everyone!

*Jackie Moss*

# Parish Health & Wellbeing



## Good for your body Good for your mind

### Move more and feel better

Getting active doesn't have to be a hassle. Doing little things every day to be more active can really lift your mood and put a smile on your face. And every step you take is a step towards feeling great.

### Walk away your worries

A daily brisk walk can boost your energy, lift your mood, clear your mind and stop your worries going into overdrive.



### Get active, sleep better

Physical activity releases feel-good hormones called endorphins, which help us sleep better. The better we sleep, the better our energy levels, mood and ability to concentrate.



### Make active connections

Doing something active with a friend gives you a good opportunity to chat, and connecting with others can help you feel less stressed.



### Build active habits

Building activity into your daily routine can be easy and fun: try some stretches while the kettle's on or a boogie while brushing your teeth.



### Take your first step

If you need some help getting started, you can find lots of support online and on your phone.



### Apps to help you feel 'appier

**Active 10** – this app is a great way to find out how active you are already and set goals to move more. Search **NHS Active 10**

**NHS Couch to 5K** – this app is ideal if you'd like to take up running but feel a bit out of shape. Search **NHS Couch to 5K**



### Create your own Mind Plan

Visit the Every Mind Matters website to create a mental wellbeing action plan just for you.

Answer 5 quick questions to get your free plan with tips to help you deal with stress and anxiety, improve your sleep, boost your mood and feel more in control



Search Every Mind Matters

Find ways to get active that work for you

Visit [nhs.uk/better-health/get-active](https://www.nhs.uk/better-health/get-active)



# Parish Health & Wellbeing

## FORGET ME NOT CAFÉ



We have been advertising the café in The Link for some time now and from this month it has changed to the third Monday of the month to avoid clashing with Monday Lunch Club.

For more information about the café see page 37.

Below is an interview Reverend Jo Williamson (who was heavily involved in setting up the café) had recently with Mal and Keith Bertenshaw about how they had found using the café, see below:

Q: When did you start coming to the café and how did you hear about it?

Mal: 'I saw an advert in the Link and a poster in the Post Office and so I phoned Jo and asked about it and we started come in around October last year.'

Q: Why did you start coming to the café?

Mal: 'Well, I had been to the church for yoga - churches are different than they used to be - they have yoga and toddlers groups now - they are fun places! And also I felt that the café would be more of a private than a public place and so I felt that it would be a better place to go with Keith.'

Q: What happens at the café?

Mal: 'The first week we went we were full of trepidation, but we got a friendly "hello there" and Keith got a hand-shake - it was a really warm greeting. We get a cup of tea or coffee and loads of cakes and biscuits...easy chit-chat... it's like meeting old pals.'

Q: Keith, what do you think about the café?

Keith: 'It's brilliant! I like the sense of humour, and jokes - there's a connection that carries on week after week!'

Q: Mal, how has the café made a difference to you as a carer?

Mal: 'There are no expectations from the team - you can be yourself. And you are treated as an individual - I'm Mal, not just Keith's wife. I like it that couples can split up and sit on different tables and chat with others - the café team take an interest in you. I come home happy, we both do.'

Q: Would you recommend the café to other people in the same situation as yourself and if so, why?

Mal: 'Absolutely. How can I say this?...It gives you a lift knowing that there are people there who care and understand your predicament. The café team are very supportive.'

Q: What would like to say to people wondering about whether or not to come to the café?

Mal: 'Nothing ventured nothing gained! Don't let it being in a church put you off - it's a really happy atmosphere! It's one of the best things we ever did and it's

# Parish Health & Wellbeing

the only thing Keith's stuck to. It's made such an impression on him and it's the only thing he talks about between sessions - he looks forward to it every month.'

Mal feels so strongly about the difference the café has made to her and Keith's lives she wished me to add the following comment in addition to the interview to let others know and to thank the café team:

"What I would like to say is I would not be in this place now without you all, I am really so grateful to you all. I feel whole again even for an hour when I see my Keith laugh I can see my man, who is still in there. Keep going, I feel so privileged to have met you all, you are all very loving and special people. Much love" Mal.

Hopefully Mal's frank and heartfelt interview will encourage others who may have been reticent about going to the café, for whatever reason, to go along and give it a try for themselves.

*Gill Leonard*  
Editor



Community Council for Somerset (CCS) Village & Community Agents are in communities across Somerset.

They help to bridge the gap between isolated, excluded, vulnerable and lonely individuals and statutory and/or voluntary organisations which offer specific solutions to identified needs.

They offer advice/support to find local groups and activities available in your community and help you with any issues you may have. or situations that you need advice and or support with, from finance matters, health issues, caring responsibilities and more.

For more information visit [somersetagents.org](http://somersetagents.org) E:[info@somersetccc.org.uk](mailto:info@somersetccc.org.uk) T: 01823 331222 or our parent organisation [ccslovesomerset.org.uk](http://ccslovesomerset.org.uk)

For specific advice for carers, please visit [somersetcarers.org](http://somersetcarers.org) or call 0800 31 68 600 to find out who can advise you.

Our local village agent is Nic Edwards E: [nicolae@somersetccc.org.uk](mailto:nicolae@somersetccc.org.uk)



# Parish Health & Wellbeing

## SOMERSET NHS ENGAGEMENT RECENT NEWS

**Improving Young People’s Health Knowledge** - “the eve appeal” are delighted to launch free, interactive, health-education lesson plans for young people aged 7-13, covering the topics anatomy, menstrual health, HPV and cancer. The lessons are free and available to download from [knowyourbodylessons.org](http://knowyourbodylessons.org), and can be used by anyone, whether a teacher, youth worker, parent or young person - take a look, help empower the next generation.



The lessons were created with the help of experts in education and gynae health, with teachers and with feedback from pupils. They were created for ‘spiral learning’- where children are retaught a subject several times, with more depth each time - so that as children move up the years their knowledge increases based on the foundations learnt beforehand.

Our research (Yougov, 2022) found that only 9% of people were taught about gynaecological health in their Relationships, Sex and Health Education (RSHE) lessons at school, and 8% said their parents were easy to talk to about gynae health. The Know Your Body programme was created to change that so the next generation have a greater awareness of gynaecological health and are empowered to look after it throughout their life, with the building blocks needed to know their body, notice any changes that might be the sign of something of wrong, and feel empowered to seek medical help.

All of the resources ‘normalise’ the topics and seek address the stigma that starts a young age around these issues. The area of gynaecological education was highlighted in the recent Women’s Health Strategy. We hope these evidence-based and expert resources will begin addressing the current information gaps for children, teachers and parents.

**Trial NHS Menopause Services** - Women going through Menopause are being offered new services and better support as part of a year-long trial.



The Somerset NHS Menopause Service is made up of three elements. The main focus for the service is on the weekly Menopause Clinic which is already booked through to the autumn.

This work is complemented by two other services: better training for GPs and public advice and information webinars around the menopause. To find out more visit [nhssomerset.nhs.uk/health/local-services/menopause-service/](http://nhssomerset.nhs.uk/health/local-services/menopause-service/)

# Parish Health & Wellbeing

**NHS England – South West Skin Cancer Prevention Campaign -** You're at higher risk of skin cancer if you have fair skin, moles or freckles, red or fair hair, or light-coloured eyes but excessive sun exposure can cause skin cancer in anyone. Sunburn increases the risk of skin cancer. A tan is not a sign of health and it won't protect you from the sun's harmful rays.

You can still get sunburn on cool days as you can't feel the ultraviolet (UV) rays. You can develop skin cancer at any age but those aged 50 or over are more likely to greater risk. Getting painful sunburn, just once every two years, can triple your risk of melanoma skin cancer!



A nice healthy glow? Not possible! Far from being a sign of health, a tan is actually a sign that your body is trying to repair damage from the sun.

For further information:

<https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/>

<https://www.nhs.uk/conditions/melanoma-skin-cancer/>

<https://www.nhs.uk/conditions/sunburn/>

<https://www.cancerresearchuk.org/about-cancer/skin-cancer/symptoms>

<https://www.cancerresearchuk.org/about-cancer/causes-of-cancer/sun-uv-and-cancer/the-uv-index-and-sunburn-risk>

**It's not too late for your Covid vaccination -** People in Somerset who have not yet had their COVID-19 vaccinations are being encouraged to come forward over the summer.



Vaccination clinics are open across the county offering appointments and walk in options for people to get their first, second and initial booster doses. Jobs will be available to everyone eligible from aged 5+.

To find a walk in site visit [www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/find-a-walk-in-coronavirus-covid-19-vaccination-site/](http://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/find-a-walk-in-coronavirus-covid-19-vaccination-site/)

Anyone who is 75 on or after the 1st July 2022 is now asked to wait until the Autumn to get their next booster, although people who are immunosuppressed are still able to come forwards. Pregnant women are also being encouraged to have their vaccinations and are advised to speak with their midwife for further advice.

# Parish Ecology

## THE BIG GREEN WEEKEND – SEPTEMBER 10<sup>TH</sup> & 11<sup>TH</sup>

Are you interested in reducing your carbon footprint and cutting your energy usage? Would you like some practical advice on how you can keep warm this winter? Or would you simply like to get something fixed, be that a favourite mug or your old bicycle?

If the answer to any of the above is “Yes”, the Big Green Weekend is for you!



In conjunction with neighbouring villages we are holding a series of events on 10<sup>th</sup> and 11<sup>th</sup> September

### **Saturday 10<sup>th</sup> September (10am – 12noon)**

Repair Café - Palairet Hall, Norton St Philip

### **Saturday 10<sup>th</sup> September (2pm – 5pm)**

Talks and stalls – Memorial Hall, Rode – a range of organisations and individuals offering advice on everything from recycling to environmentally sensitive design, including the opportunity to get your bike fixed by “Dr Bike” from the Frome Community Bike Project.

### **Sunday 11<sup>th</sup> September (various times)**

Green “Open Doors” – visit 8 - 10 local properties in Rode, Tellisford, Laverton, Norton St Philip and Beckington to see environmental initiatives in action.

Sunday provides the opportunity to see a range of technologies and nature-based solutions at first hand. The concept is similar to an “open gardens” event, but instead of blooming flower borders, you get the opportunity to see how local residents have used technology or nature to reduce their carbon footprint.

Up to ten properties will be hosting visits, showcasing air and ground source heat pumps, solar panels, electric vehicles, hydro power, battery storage, and more.

If you are considering making changes to your own property, generating some of your own energy, or investing in an electric vehicle, this is a great opportunity to see the technology in-situ, speak to local people who have already taken such steps, and discover the pros and cons.

# Parish Ecology

On Sunday you will also have the opportunity to take a guided tour of the Community Orchard in Rode, learn more about the project and hear what's planned for the future.

So – put the dates in your diary and keep an eye out for more information – in particular a list of the properties offering Green “Open Doors” visits (we're producing a map, with details of the relevant technologies at each location, which will be available from the Post Office in Rode and other locations soon).

And – if you would like to be involved in some way (especially if you have invested in a low carbon energy solution or have an interesting biodiversity project) please contact me at [jim.mcauliffe@btinternet.com](mailto:jim.mcauliffe@btinternet.com)

*Jim McAuliffe*

Rode Climate Emergency Group

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## FIRST SOMERSET REUSE WEEK'S SUCCESS



From repair to repurposing, the first Somerset Reuse Week proved reuse is a powerful practical means to cut waste, save cash and give items a new life. As well as supporting charity shops and the growing repair cafe network, Reuse Week saw the Fixy reuse van visiting events across the county to collect dozens of donated smart tech items to be data-wiped and refurbished to pass on to local families in digital need.

The fun reuse contest attracted many entries e.g. a plastic box wildlife pond, strawberries grown in milk bottles, a lampshade flowerpot, child toys from wood offcuts, an oil drum growing potatoes see below. The randomly drawn winner was the bookcase plant stand. Visit: [somersetwaste.gov.uk/reuse-week](http://somersetwaste.gov.uk/reuse-week).



# Parish Ecology

## MDC'S CARBON MANAGEMENT PLAN ANNUAL REVIEW

The annual review of the Mendip Council's Carbon Management Plan shows positive progress has been made to tackle climate change but it also highlights the need for collective action by all, including government, to make a real difference.



MDC adopted its Carbon Management Plan in August 2021, listing a number of targets to enable it to achieve its climate and ecological commitments by 2030.

The latest annual report show positive progress has been made including increased recycling rates (over 52% of Somerset's household waste was recycled in 2019/20) and increased tree canopy cover in Mendip – an increase of an estimated 1.53% since 2019. Plus, Mendip have begun installing electric vehicle charging points in selected Council-owned car parks across the district's five major settlements.

Other initiatives launched by the District Council include a £50,000 Climate and Ecological Emergency Fund which has supported 16 local projects, as well as hosting sustainable land management webinars, in partnership with The Farm Carbon Toolkit, throughout July and August 2022.

However, the Plan highlights areas for improvement, including acknowledging the slow take-up of renewable energy. For example, the target for onshore wind generation is 77.3MW by 2030 whilst currently the district has 3.636MW installed.

The report shows that only 885 Mendip households have adopted retrofitting measures to improve the energy efficiency of their homes. More support is needed from government-funded grant schemes for the Council to reach its 2030 target of 15,400 retrofitted properties.

The Plan also recognises that without national government assistance, Mendip can only reduce its district emissions by a maximum of 37.5% against the 2017 baseline. National government assistance is required to achieve net zero.

For more information on the Council's climate change work, visit: [www.mendip.gov.uk/climatechange](http://www.mendip.gov.uk/climatechange). Read the Carbon Management Plan here: [www.mendip.gov.uk/article/10314/Carbon-Pathway-Emissions-Strategy](http://www.mendip.gov.uk/article/10314/Carbon-Pathway-Emissions-Strategy)

*Barbi Lund*  
District Councillor



# Parish Youth News & Events

## CHILDREN AND FAMILY WORKER NEWS

Dear families, my contract as Children and Family worker for Hardington Vale Parish is about to end and I want to say that the past five years have been a joy to work with you all.

I am remaining as Toddler Leader for Tots and Toys until Christmas, and I will be organising the Nativity Posada boxes for Rode and Norton St. Philip.

I will also run one more Caterpillar Club in the school autumn half term. I will miss you all when I finally say goodbye at Christmas, but I now have an elderly mum who needs more of my time as a carer and a little granddaughter in Scotland who I would like to see more of.

I am in need of some extra help with both Tots and Toys and the Nativity Posada though.

### **Tots and Toys:**

We are open every Wednesday except Christmas from 9am-10.45am in NSP church as a 'drop in' for families. At the moment I have three volunteers who help with the tea and coffee and put the toys away at the end of the session.



It would be so helpful if I could have several more volunteers for this role so that a rota could be set up.

### **Nativity Posada:**

I have set up two boxes with the Holy Family and Nativity characters which go around the parish during December each year.



I need one or two volunteers who I can show how to organise the family rota for each box and take on this role for Christmas 2023.

Please contact me on the email below (which I will keep until Christmas) or phone me on my landline if you can help either with Tots and Toys refreshments or organising the family rota/s for the Nativity Posada.

Many thanks

*Sue Rodford*

E: [kidschurch@hardingtonvale.org.uk](mailto:kidschurch@hardingtonvale.org.uk) T: 01373 8112766

# Parish Youth News & Events

## RODE CHAPEL PARENT/CARER AND TODDLERS GROUP

Toddler group in Rode Chapel will restart on Monday, 5<sup>th</sup> September and will run weekly in term time from 9:45 – 11:15am.



Toys, chat, beverages and biscuits, all for £2 per family. Do come along and see what we are up to. We look forward to meeting you and your babies/toddlers in September.

*Ros Jackson*

E: [rosjackson@btinternet.com](mailto:rosjackson@btinternet.com)

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## UPDATE WORLD SCOUT JAMBOREE 2023 BOB A JOB RETURN

You may remember we wrote a short piece in last month's Link offering our services for 'Bob a Job' to raise money for the World Scout Jamboree in South Korea in August 2023.

We are very excited about going and need to raise more than £4000 each to fund the trip – some of this money helps explorers in other countries to go to the jamboree too.



We did some jobs in August including painting a shed, dog walking and plant watering and if you have any odd jobs you'd like us to do please get in touch with us. We would be happy to do any jobs for a donation to help fund our participation in the Jamboree.

We are also selling raffle tickets (£1 per ticket) with some great prizes - a weekend in an Airbnb, 4 tickets to Alton Towers, 4 tickets to Longleat and more.

We are also selling a quiz (£1) per copy with a luxury hamper as the winning prize.

Please get in touch if you'd like to buy some tickets or a quiz.

Many thanks

*Juliet Pickett and Sam Rottenbury*

T: 831796 / 07885877694

# Parish Youth News & Events

## THE NEW YOUTH FOOTBALL SEASON BEGINS...

Freshford United F.C. are putting the last plans into place as we get ready for the new season to start mid-September for all the youth teams and the adults have just started in August.

This year we will have a team in every age group from Under 5's to Under 14's (Minus Under 11's unfortunately) plus our adult team.



All teams are looking for more players of all ages, abilities, boys and girls. We do give the option for everyone test it out and not commit - we can offer a free tester session for 2 weeks to see how your child gets on before you have to commit to anything.

At Rode Paying Fields we have our Under 9's, 10's and 12's playing and training each week so if your child is looking to get into football or come along and watch then please get in touch and come and test it out.

We also are always looking for coaches, helpers, supporters and committee members to cover a wide range of roles of which some would only require an hour of your time a month at the most so please make contact with me on the number below if you would like to get involved.

If you have a building project happening soon, we are after some rubble but mainly any soil at our pitches in Freshford so if you want to save the cost on skip hire, we would be willing to accept these for free, if you want to discuss this more, please speak to me on the number below.

As always, we welcome any support from the village and if you want to keep up to date with what is happening information is always available on our website [www.freshfordunitedfc.com](http://www.freshfordunitedfc.com)

*Chris Birleson*

Club Manager

T: 07738 741477 E: [cb@dentons.net](mailto:cb@dentons.net)

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## RODE SUNFLOWER COMPETITION

Closing date for entries this month, see page 27 for details...

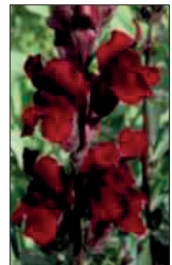
# Parish Gardening

## GARDEN NOTES SEPTEMBER 2022

I'm pretty sure rising prices are a concern to everyone just now and this affects the choices we gardeners are making as well.

Here's a list of measures I'm planning to take this autumn in aid of balancing the domestic budget at TOC:

- Pay proper attention and nurture the plants I already have in the garden - I chose them, I planted them and I really ought to look after them so they perform as well as possible. I'm hoping this extra care means I won't feel the need to impulse buy new plants to make up for disappointment in the borders. You may be familiar with that feeling which comes with looking at some plants, feeling just a bit - meh - and promptly passing the buck to them. It isn't their fault!
- Enjoy looking at lovely pictures of spring bulbs but either a) stick to a very strict list of bulbs to buy according to an actual plan I have worked out - no wandering off piste into exotic new introductions or fashionably rare snowdrops or b) if I must have a wander off piste, that's only allowed in, say, early December when the bulb companies start to sell off discounted stock. It's a horticultural chicken run - I'm thinking that I'll only blink at 40% discount offers but suspect it'll be more like 20%
- Even with the inevitable purchases under rule b) I'm still going to try and stick (more or less) to my chosen colour palette for this spring and bulk out what I've already ordered at full price, or just keep the really random coup de foudre purchases for small pots of new experimental bulb plantings that I can hide away in an obscure corner if they turn out to be revolting
- Not buy any more seeds until I'm sure my existing stocks just won't do. I know there are some gaps I'd like to plug and of course I'll always buy the annual favourites like Sweet Peas and Cosmos, but honestly how many packets of Antirrhinum 'Black Prince' do I think I need (3 at the last count, apparently).
- Note: planting from seed always makes me feel so virtuous/smug/annoyingly smug/hopelessly depressed/furious according to germination and whether I forget the trays on the windowsills at the top of the loft but it is still hands down the best and cheapest way to grow plants.
- Here's a really important rule: no ordering of anything late at night and after a glass of wine.
- Which leads to the final rule: all rules are subject to change without any notice and to misquote St Augustine, God make me good, but just not yet.



*Muddy Fingernails*

# Parish Gardening

## RODE GROWS AND SHARES

**Giant Sunflower Competition:** Thank you so much to those of you who have already sent me an update on your giant sunflowers - they are brilliant, and absolutely well done for all your efforts keeping them alive and well in this dry summer - not an easy feat!



There is still time to enter your giant sunflowers into the competition - the deadline is midnight Friday 9 September!

For those of you who have signed up and collected a special pack of giant sunflower seeds and whom I haven't heard from as yet - please let me know how you get on, with the sunflower height and diameter of its head, even if you don't think your sunflowers will be big enough to be a winner - I'd love to hear from you, and you never know!! You've got to be in it to win it, and it's all to play for!

Please do get in touch with me by email - [juliarobb@hotmail.co.uk](mailto:juliarobb@hotmail.co.uk) before midnight Friday 9 September. Thank you, I look forward to hearing from you!

**Shared Gardens:** We've just about managed to keep everything watered at our shared growing plot; plants have had to be very hardy (!)



Even though very scaled back and much later than previous years, we are so chuffed that we are able to make some small harvests of flowers and veg. The pickings, albeit modest, feel even sweeter this year. Pictured is my dearest friend Liz and her 18 month old son Max picking flowers together. Liz, Liz's husband Matt and Max came to visit us in August from Napier, New Zealand (via Canada). It was such a special visit and I loved showing them our wonderful village, the surrounding areas and our plot.

I want to send my apologies to everyone involved on both sides of having additional garden space and wishing to share, and those of you seeking it, I haven't had the capacity in the last few months to action anything with the scheme. I am hoping to be able to pick this up again soon, please bear with me.

Thank you so much for your support!

*Julia Robb*

# Parish Groups

## RODE OVER SIXTIES CLUB

Our meeting in August was our famous Cream Tea in the Memorial Hall. It was almost the hottest day of the summer and the Committee did an impressive job with the scones, always homemade as we have our standards, with glasses of chilled water as well as tea to keep everyone hydrated.

Tom Ryan made his sherry trifle, a popular innovation to the occasion, which was quickly demolished on a “when it’s gone it’s gone” basis - it certainly went!

Peter Harris brought an interesting display of photos of pictures of local scenes by artist William Wheatley. He apparently lived for a few years in the mid-19th Century in Union Cottage Lane, which is now known as Marsh Road. These included Seymours Court, Barrow Farm, Baptism in the River and Clypping the Church. This custom was last performed a few years ago at St Lawrence and it would be good to see the tradition revived. Thank you Tom and Peter for your contributions to the afternoon.

Birthday greetings in September go to: Mr T Bryant (13th) and Mrs M Dickenson (14th). We wish you both a very happy day.

Our meeting on Friday, 9th September will be a Quiz and Games Afternoon, guaranteed to tickle the little grey cells. Do come along - it’s worth it for the tea.

*Ros Dymond*

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## RODE WALKING GROUP - SEPTEMBER'S WALK

This walk will be on Tuesday 13 September, the usual '2nd Tuesday in the month slot'.



Walking towards Freshford we meet in the small car park at Avoncliff (approached down the steep lane from Upper Westwood) at 10 am. This is a Pay & Display car park so it would make sense to car-share where possible, please contact me if this causes a problem.

Once in Freshford we can have coffee either at the Freshford Inn or walk on further to the cafe/shop, before returning to Avoncliff by the same route or finding another tbc.

*Liz Dinnis*

E: elizabethdinnis49@gmail.com T:07788 656337



# Parish Groups

## RODE CRAFT CLUB

Rode Craft Club continues to meet weekly on Thursday afternoons, 2-4 pm at Rode Chapel.



We each bring long whatever we are working on, share ideas and skills and enjoy each other's company over a cuppa and biscuits.

There is no need to book or to commit to coming every week. We have knitters, embroiderers, crocheters, card makers, leather workers and cross stitchers. The list goes on! We have all abilities too, from 'new to' crafters to the experienced. We all help each other.

So if you fancy a change this Autumn, why not give us a try.

*Val Parker*

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## MONDAY LUNCH CLUB IS BACK IN OCTOBER!

I'm delighted to confirm Monday Lunch Club will be up and running on Monday 3rd October at The Village Hall, 12.15pm, come and join us for a tasty two course freshly home cooked meal for £5 per person (please bring cash as we have no card facility), bring your own wine if you fancy as The Hall is fully licensed!



Monday Lunch Club is an informal group for our more senior village members (you need to be over 60 - quite young really!) which has been running in the village for well over 30 years; we meet once a month on the first Monday of the month at our wonderful Village Hall where there is ample parking.

If you are unable to get to The Hall we can arrange transport for you, please just let me know. We welcome new members - if you're new to the village you will be made most welcome, don't sit home alone! So - what are you waiting for? Please give me a ring and book your place - you do need to book in advance!!

Future Dates for your Diary:

Monday 7th November

Monday 5th December 🎄👶👶🎄

*Alex Sing and the Lunch Club Team*

T: 01373 830836 / 07828 600095

# Parish Food & Drink

## Somerset Foodie

ingredients to inspire

Inspiring ingredients for adventurous cooks  
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# Parish Food & Drink



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More than just stamps

We look forward to welcoming you back to our modern shop & cafe to enjoy a warm welcome, home cooked food, buy local produce and goods.



## USUAL OPENING HOURS

Monday	9.00-17.30
Tuesday	9.00-17.30
Wednesday	9.00-13.00
Thursday	9.00-17.30
Friday	9.00-17.30
Saturday	9.00-13.00

01373 830321

Open Monday - Saturday

32a High Street, Rode, BA11 6PA



**RODE GENERAL STORE,  
CAFE & POST OFFICE**

## THE VILLAGE



## BAKING CO.

**WHOLESALE BAKERY**

Rode, Somerset

[www.thevillagebakingco.co.uk](http://www.thevillagebakingco.co.uk)

[info@thevillagebakingco.co.uk](mailto:info@thevillagebakingco.co.uk)

07486 059985

Do you have a favourite recipe that you'd like to share with our readers?

If you do, please send it in... you'll receive a bottle of Fussels' Rape Seed Oil courtesy of Fussels' Fine Foods for your trouble!

If you have a photograph of the finished dish, please do forward a copy of that too.

E: [gillhleonard@aol.com](mailto:gillhleonard@aol.com)



# Parish Food & Drink

## CHATLEY FARM BROWNIES

NEAR BATH

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Lovingly handmade on the farm  
9 Delicious flavours  
Delivered by Royal Mail

FREE Gift Wrapping & Gift card  
Gluten free options  
Local Collection from Norton St Philip

### OUR MULTI BUY OFFERS

**£8.50**

For 1 pack

**£8.00**

each for 2 or 3  
packs

**£7.50**

each for 4 or  
more packs

Follow us on facebook! [www.facebook.com/ChatleyFarmBath](https://www.facebook.com/ChatleyFarmBath)



# Parish Food & Drink



Tables available outside and in our extension. Full table service.  
No booking necessary.  
Open inside from 17 May.



**Farleigh Road**  
FARM SHOP & CAFÉ

Phone 01225 720006  
[www.farleighroadfarmshop.co.uk](http://www.farleighroadfarmshop.co.uk)

## Cafe & Shop both now open!

We are so happy that our cafe is now open.



Breakfast 9.00 – 11.30  
Lunch 12.00 – 3.30  
Afternoon Tea until 4.00

*We are still offering our delivery and collection services from the shop for those not feeling comfortable visiting us.*



# Parish Events

WEEKLY  
RODE CRAFT CLUB

THURSDAYS  
2-4pm  
RODE CHAPEL  
See page 29



WEEKLY  
CLUBS



EVERY Wednesday 9 - 10.45am  
St Philip and St James Church, NSP

Toys, songs and stories. No need to book drop in sessions.  
New play space in the church and new heating.

£2.00 per adult for coffee and cake.

No charge for children, please bring refreshments for them.

Contact Sue - H.V. Children's Worker if you need more details

E: [kidschurch@hardingtonvale.org.uk](mailto:kidschurch@hardingtonvale.org.uk) T: 01373 812766

RODE WEEKLY PARENT/CARER  
& TODDLER GROUP

Restarting on  
Monday  
5<sup>th</sup> September  
9.30-11.30pm  
Rode Chapel  
see page 24



CATCH THE  
**BUS**  
MONTH  
GET ON BOARD  
SEPTEMBER 2022





# Lunchtime Concert

Thursday 8 September 1.00pm

'Daughters of the Muse'

Featuring

## Trio Paradis



Coffee  
and Cake  
from  
12.30pm

St Philip &  
St James  
Church  
Norton St  
Philip  
Minimum  
donation

£5

**N.B. FUTURE LUNCHTIME CONCERT DATES FOR YOUR DIARY**

The Autumn season of concerts will take place on the following Thursdays:  
6 October / 3 November and 1 December - Artists to be confirmed.

# Parish Events

## **BIG GREEN WEEKEND**

### **SATURDAY 10TH SEPTEMBER:**

#### **PALAIRET HALL, NSP - REPAIR CAFE - 10.00 til 12.00:**

Fix your broken clock, radio, teapot....

#### **MEMORIAL HALL, RODE - STALLS & TALKS - 14.00 til 17.30:**

- Learn how to recycle more with Somerset Waste Partnership
- Tips on how to stay warm and save energy this winter (Centre for Sustainable Energy)
- Understand how to install a Heat Pump with JB Group Renewables
- Hear about designing a low-carbon home
- Get your bike fixed by Dr Bike (Frome Community Bike Project)
- Support our vital bus services with the "Catch a Bus" Campaign
- Try out locally produced food & drink with Frome Food Hub

### **SUNDAY 11TH SEPTEMBER:**

#### **RODE, TELLISFORD, LAVERTON, NORTON ST PHILIP, BECKINGTON - GREEN OPEN DOORS - INDIVIDUAL TIMINGS (see map)**

Visit local homes and businesses to see at first hand environmental initiatives in action, speak to the owners, and hear about the pros and cons

#### **RODE - COMMUNITY ORCHARD & WILDLIFE GARDEN - 14.00**

Take a guided tour around the Community Orchard and learn more about the project, and the next steps

**For full details of all the "Green Open Doors"  
locations and the technology on view,  
see the separate map  
available from Rode Post Office**

## Forget-me-not Café



When? - September 19th (**THIRD** Monday of every month) 2.30 – 4 pm

Where? - St Philip and St James Church, NSP



Come and enjoy a cuppa and friendly people to chat with. Some of us may have memory challenges but we have a great café team who are all Dementia Friends!

**ALL ARE WELCOME!**

Contact Jo for more information

321jorobinson@gmail.com 01373 831381



3<sup>RD</sup> OCTOBER  
SEE PAGE 29  
FOR DETAILS



**Harvest Supper**

At St Lawrence Church  
on Saturday 1<sup>st</sup> October at 7pm  
see page 3 for more details

18<sup>th</sup> October 7.30pm  
Rode Memorial Hall Meeting  
See page 8 for details

# Parish Events

**Scouts**   
#DreamWild  
scouts.org.uk/ws/  
@ukcontingent

  
United Kingdom  
25 WJS Korea

Quiz with bar and food  
Friday 14<sup>th</sup> October 7.30pm

Doors open at 7pm in the Memorial Hall  
Quiz starts 7.30pm  
Tickets £10 each to include food  
Quiz teams of 4-8 people.

Raising money to send two Rode Explorers to the  
World Scout Jamboree in South Korea in 2023 .

Tickets available from Sally Pickett (831796)  
and Jacqui Rottenbury (07795843035)  
or Rode POST OFFICE

  
25<sup>th</sup> World Scout Jamboree  
Jamboree Scout Mondial

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United Kingdom  
25 WJS Korea  
#DreamWild #UK25WJ

**Save the date**  
**Saturday 3rd December at 7.30pm**  
**at St Philip & St James Church, NSP**  
**The Mendip Male Voice Choir**  
**Tickets £10.00**  
**in advance or on the door**

**A fundraiser for the church**



**SAVE THE DATE**  
**Saturday 10th December**  
**Christmas Fayre in NSP Church**  
**10.00am till 12 noon.**

# Noticeboard

## French Conversation Class in Rode

Would you like to improve your French in a relaxed environment?  
Learn and practise vocab and grammar so you can converse more  
confidently in French.

Classes held **Tuesdays 9.15-10.15am** during term time.

£12 per session including coffee and croissant.



Contact Sally Pickett for more details:

831796/07885877694

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Homeshare Mendip" is up and running. We are a community interest company, whose aim is to help people to stay independent in their own homes.

So how is this done? Homeshare Mendip carefully matches the homeowner with a person to share their Home. We perform an in-depth assessment of the needs, interests and preferences of both parties, check for safety and obtain references - aiming to create a perfect match.

The advantage to the sharer is very affordable accommodation in return for giving 10 hours a week to the homeowner in help around the house, help in shopping or simply in companionship.

Vince Tillman provides the support from initial interest right through to the end of an agreement helping both parties to make an agreed contract and helping resolve any difficulties that arise during the share.

For more information, go to [www.homesharemendip.org](http://www.homesharemendip.org) write to: [enquiry@homesharemendip.org](mailto:enquiry@homesharemendip.org) or ring us on 07519536074.

**A shared home and  
companionship**



# Noticeboard

## FROME'S GREAT BIG GREEN WEEK FEASTS!

Great Big Green Week is packed to the rafters with exciting events featuring the action Frome is taking to tackle climate change.



Great Big Green Week runs from 11th – 18th September, you can read the full programme here:

[www.frometowncouncil.gov.uk/your-community/sustainability-and-resilience/great-big-green-week/](http://www.frometowncouncil.gov.uk/your-community/sustainability-and-resilience/great-big-green-week/).

A few events have a particular focus on showcasing local food producers, reducing food waste and the benefits these brings.

Many of us adopt the Meat Free Monday approach; its aim is to encourage a healthier diet, save animals and the planet for at least one day a week.

One of the events is Ready Steady Cook with the Community Fridge on Saturday 17th from 2pm-4pm down at the Market Yard. With Red Tomatoes and Green Peppers at the ready, join the team for some zero-waste foodie fun! Some of Frome's top cooks will be challenged to make a tasty meal from ingredients provided in a Fair Frome food bank parcel and some surprise ingredients from the Community Fridge. The award-winning fridge collects surplus food from local shops and makes it available to the community, saving over 30 tons of food going to landfill a year. The event is free so just pop along and see what they rustle up.

Deputy Mayor of Frome, Cllr Philip Campagna, said: Well, there's plenty to get your teeth into this Great Big Green Week, quite literally! We're really pleased that these events have been added to the programme to highlight the importance of shopping locally, so our food doesn't have to travel as far and therefore helping to improve our carbon footprints. If we all make little efforts collectively, we can make a big difference."





# Parish Council Meeting Minutes

MINUTES OF MEETING OF RODE PARISH COUNCIL HELD IN  
RODE MEMORIAL HALL  
ON TUESDAY 9<sup>th</sup> AUGUST 2022 AT 7.30 pm

---

## UNCONFIRMED

### **Present:**

Cllr Mike Salmon – Chair (MS), Cllr Andy Pickett (AP), Cllr Ann Edney (AE), Cllr Jim McAuliffe (JM), Cllr Pat Restorick (PR) and Cllr Jonathan Bowler (JB)

**In attendance:** Cllr Barbi Lund, Cllr Dawn Denton, Hugh Williams – Clerk and 1 parishioner.

**1. Public Participation:** Concerns were expressed over the proposed new planning application for seven houses off Church Lane. It was thought the access was not suitable and that the area was not large enough for seven properties. It was reported that all the neighbours to the land were opposed to the development.

**2. Apologies for absence:** Cllr P Travis and Cllr A Boyden (County Councillor)

**3. Approval of the minutes:** The minutes of the Parish Council meeting held on 12<sup>th</sup> July were approved.

**4. Declarations of interest:** None.

**5. Report from District Councillor:** Cllr Lund reported that the Tree Council was funding the planting of trees by schools and community groups; and additionally, there was funding for local schools to create nature areas.

**6. Report from County Councillor:** Cllr Denton reported that the Local Community Network (LCN) boundary still had not been decided which was of concern. The Frome LCN had done a very good detailed audit of children and family services as part of a pilot LCN.

There was a major concern over bus services with the withdrawal of funding for the D2 service from Frome to Bath which served Rode. The user numbers were still down and use needed to be encouraged. It was thought First Bus had a several £100,000 short-fall. There was a likelihood the evening service would be axed.

### **7. Actions from previous meeting:**

- i. Trees: Merfield/The Mead:** Cllr Lund reported she had received a comprehensive reply from Bo Walsh and the risk/hazard from the trees was low even though they were considered dangerous. She agreed to see who should be contacting David James over the state of the trees as it was unclear who at Mendip would do this.
- ii. Tree on The Mead near allotments:** The Clerk reported this should be seen to at end of week.

# Parish Council Meeting Minutes

- iii. **Clock:** The Clerk reported that Peter Watkinson had made the necessary repairs to allow the clock to strike again. Initially the half hour and hour striking were wrong; but Peter Harris and Mike Price had sorted this out. Both had attended the repairs and Mike was being trained up to look after the clock. The Chair thanked the Clerk for persisting in getting Peter Watkinson to repair the clock.
- iv. **Ultrafast broadband:** There had been a presentation over ‘Teams’ to some Parish Councillors by Gigaclear who appeared to be the most advanced of the possible providers. The box for providing ultrafast broadband was due for delivery and installed on Lower Street/Rode Hill land at the end of August. A range of services would be available, these would have an initial 18month price but this would rise after this introductory period. Gigaclear was planning to make a presentation of their service in the Memorial Hall, probably in September.
- v. **Grass round Christchurch:** Currently this was cut by Mendip but done infrequently – either left too long or done too often. The owner of Christchurch was keen to rewild this area to improve biodiversity. Mendip said that both the PC and Diocese would have to approve this before any change could be made. The meeting approved the rewilding of this area provided a path was left clear for those to attend graves. JM agreed to now take this to the diocese for approval.

**8. Climate Change Group:** The main action arising from the last meeting was the agreement to run a ‘Big Green Weekend’ to be held on 10<sup>th</sup> and 11<sup>th</sup> September. This would take place in Rode, Norton St Philip and Beckington. A repair café would run in Norton on morning of 10<sup>th</sup> with 3 speakers (on climate issues) on 10<sup>th</sup> afternoon in the Committee Room at the Memorial Hall along with stands in the main hall. On Sunday 11<sup>th</sup> there would be a series of ‘open houses’ showing off various energy saving and other climate initiatives in the villages. JM asked for a contribution towards the publicity for the weekend and the PC agreed an initial donation of £100. The two other PCs would be asked for a similar contribution.

## **9. Highways:**

**a) The Sportsman** – a further response had been received from Somerset which indicated that they were unable to fund any further work to prevent surface water on Clay Lane. Discussions reported that adoption of The Sportsman would not resolve all the issues and it was thought that the retained monies from the development could be used to resolve the drainage issues which were part of the S106 agreement for the development. AP agreed to obtain photos and the Clerk agreed to send these to Somerset clearly indicating the current problems.

**b) Double yellow lines and 20mph in village:** MS reported Sara Davis had recently visited Rode and marked where the double yellow lines would go at the Rode Hill/High Street junction. The consultation for these ended on 18<sup>th</sup> August

# Parish Council Meeting Minutes

and if no objections were received these should be in place within a short time. The 20mph limit in the village and the installation of village gates had been agreed by the police. The publication of the TRO still had to be done but Sara Davis was confident these would be in place before the end of the calendar year.

## **10. Planning:**

### **i) New applications:**

**2022/1516/OUT:** Outline planning permission with some matters reserved for 7no dwelling houses with access details – land at rear of 41A Church Lane. Discussions on this noted that the objections made for the development on Barbara’s Field over access, visual impact etc. would not apply to this proposal. The concerns from the neighbouring properties were noted. It was agreed to request an extension to the commenting time would be requested to allow for a fuller discussion at the September meeting.

### **ii. Mendip decisions:**

**2022/0801/HSE:** Replacement of existing conservatory – 3 Orneage Close. Approved.

**2022/1196/TPO:** Elm, removal of dead wood and remove/reduce overhanging lateral branches – 9 Langham Place. Approved.

**2022/1265/TCA:** Eucalyptus, reduce by 2m; acer reduce roadside by 0.5m – 5 Lower Street. Approved.

### **iii. Other:**

**2021/0071/OTS:** There had been no further news on the appeal. It was agreed that DLA Piper would be asked the following questions to help the PC prepare for the appeal:

1. Can we, as statutory consultee to the original decision-making process, be an official party to an appeal?
2. What forum (inquiry, hearing or written submissions) is in our best interests?
3. Why do we think the Appellant has requested an inquiry?
4. Can we have influence over the decision as to forum?
5. If we cannot be a party, what opportunity will we have to make submissions?
6. Any other advice as to how best to represent parishioners’ interests in this process.

The appeal was likely to be through the inquiry process, which the developer had asked for, but Mendip would make the final decision. Cllr Lund agreed to ask Mendip for an update on the appeal.

**11. Playing Field Constitution:** AP is still to contact Steve Eyles to progress.

**12. Church Farm:** Some members of the Parish Council along with a resident from Church Farm had met Rob Benson of Autograph Homes and clarified a number of issues regarding the hard and soft landscaping. The path from the development would be improved on the land near the development in

# Parish Council Meeting Minutes

accordance with the S106; however, the majority of the path had never been defined in any agreements and would remain as it is unless a new S106 can be agreed. It was hoped Mendip would require this (asked for by the PC and residents) as part of the planning revision requested by Autograph to change 2 properties from affordable to general sales. Autograph have agreed to put sand bags by the 'bridge' in the playing field and supply 1 tonne of fine stone to improve the path.

It was still unclear what the composition of the management company would be or when it would take over the maintenance of the path and communal areas on Church Farm.

**13. Memorial Hall:** AE was now part of the Management Committee for the Hall and had attended the AGM, she reported that the Memorial Hall was keen to work with the Playing Field. It had also been agreed that the Hall would be free for villagers for the foreseeable future.

**14. LCNs:** The Chair expressed his concerns that there were only 8 months until the new Somerset Council becomes the new Unitary Authority and the powers, responsibilities and geography of the LCNs still had not been decided. Cllr Denton said a consultation on these would start at the end of August and in November the recommendations for the size/area of the LCNs along with their powers and responsibilities would be made. There was a possibility of there being 40 LCNs which the meeting considered far too many.

**15. Cold weather:** With energy prices continuing to rise a number of people would be in financial difficulties over the winter. The meeting gave initial thoughts to what could be done in Rode with one suggestion being to open up the Memorial Hall during the day and offer teas, coffees and maybe food to be somewhere people could meet and keep warm. This would be explored further at future meetings.

**16. Buses:** The problems of reduced services had been raised under the County Councillor's report and people were encouraged to sign the petition to keep services. The Bus Users and Stakeholders Group was doing everything possible to get a service retained.

**17. Allotments:** MS and JB had inspected the site at the end of The Mead, the main problems were the large tree at one end of the site and foul water drains near the other end. However, after discussion it was agreed this land could be offered to make new allotments – probably two half plots. The Chair would discuss this further with the Rode Garden Committee.

**18. New Website:** JM had had discussions with Zonkey who provided websites for a number of local groups and councils. It was agreed in principal that a new site would help with communication and should be open to other village groups and organisations in Rode. The question was raised who should have overall control was raised. It was agreed JM would go back to Zonkey and ask for a proposal to be put together for presentation at a future meeting.

# Parish Council Meeting Minutes

## **19. Financial matters:**

**i) VAT rebate:** The rebate of £2,264.65 had been paid into the PC account.

**ii) Payments:** The following payments were agreed:

Eagle Grounds Maintenance	£777.40
Mendip District Council (election fee)	£100.00
Clerk Salary	£224.38
HMRC PAYE	£56.20

## **20. Other business:**

i) A question had been raised over how long the Ukrainian flag would be flown for. After discussion it was agreed to keep it flying until Remembrance Day.

ii) Should the street lights be turned off after midnight to save energy – it was reported that this had been raised with Somerset some years ago and rejected by them. However, Cllr Denton agreed to raise this again with Somerset.

iii) Fire on waste site on A361 – this had been put out quickly by the fire brigade but it raised the question whether the PC should have a fire plan. This would be considered at a future meeting.

## **21. Date of next meeting:**

The next meeting would be held in the Memorial Hall on:

**Tuesday 6<sup>th</sup> September at 7.30pm**

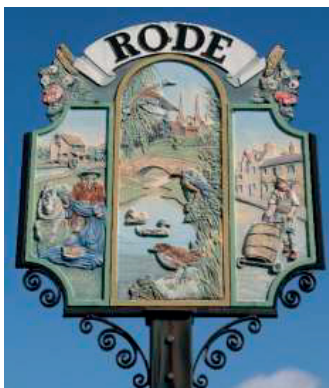
The meeting closed at 10.00 pm.

Signed .....

Date .....

Print .....

Website: [rodevillage.com/parish-council](http://rodevillage.com/parish-council)



# ...and finally

## WHERE IN HARDINGTON VALE?

Where (quite) near Hardington Vale would you see this scene?

Did you recognise the view in last month's photograph?

It was the River Frome from Tellisford bridge.



### Sudoku

					1	4		
9		8		5				2
	4		9				3	
		2		1			8	
	1		7		6	9		
5								3
	7		8					
						2		5
		1		3				

### Last month's Sudoku

1	3	4	7	9	6	2	5	8
8	6	2	5	3	4	9	1	7
7	9	5	1	2	8	3	6	4
4	5	3	8	6	1	7	9	2
2	1	7	9	4	5	8	3	6
9	8	6	3	7	2	1	4	5
5	7	1	6	8	9	4	2	3
3	2	9	4	5	7	6	8	1
6	4	8	2	1	3	5	7	9

## POEM OF THE MONTH

Rain, rain, welcome back,  
 We've missed your song,  
 Your splatter and smack  
 On our dusty brown clay, dry so long.  
 Since last May we've not had a drop,  
 From grey-black clouds swirling by,  
 Or smelled wet earth, or stepped in muddy slop,  
 Or listened to thunder from the sky.



*Michael P. Garofalo*





Live Zoom Yoga classes with Stephanie – Rode's Yoga Teacher.

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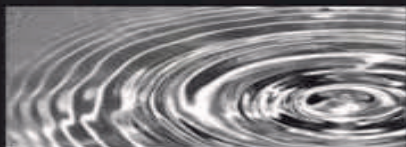
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## Hardington Vale Church Services – SEPTEMBER 2022

DATE	TIME	SERVICE	LEADER
Thursday 1 Sept	6.00 pm	Norton St Philip, Silent Prayer	
Sunday 4 Sept	9.00 am	Norton St Philip, Informal Breakfast	A & S Filkins M Harrison/J Robinson S Kivett
	10.30 am	Rode St Lawrence, Holy Communion	
	11.00 am	Laverton, Holy Communion	
	6.00 pm	Rode Chapel, Meeting Place	
Monday 5 Sept	9.00 am	Norton St Philip, Morning Prayer	
Tuesday 6 Sept	9.45 am	Rode Chapel, Ecumenical Holy Communion	C Walker
	6.00 pm	Laverton, Evening Prayer	
Wednesday 7 Sept	8.30 am	Hemington, Morning Prayer	Zoom
	6.00 pm	Rode Chapel, Ecumenical Informal Prayer	
Thursday 8 Sept	6.00 pm	Norton St Philip, Silent Prayer	
Sunday 11 Sept	9.00 am	Tellisford, Matins	B Day C Walker
	9.00 am	Rode St Lawrence, Informal Breakfast	
	10.30 am	Norton St Philip, Holy Communion	
	11.00 am	Laverton, Matins	
Monday 12 Sept	9.00 am	Norton St Philip, Morning Prayer	
Tuesday 13 Sept	5.00 pm	Tellisford, Evening Prayer	
Wednesday 14 Sept	8.30 am	Hemington, Morning Prayer	Zoom
	6.00 pm	Rode Chapel, Ecumenical Informal Prayer	
Thursday 15 Sept	6.00 pm	Norton St Philip, Silent Prayer	
Sunday 18 Sept	9.00 am	Farleigh Hungerford, Morning Worship	J Robinson/F Stewart J Robinson F & R Stewart
	10.30 am	Rode St Lawrence, Holy Communion	
	10.30 am	Norton St Philip, Informal Worship	
	11.00 am	Laverton, Matins	
Monday 19 Sept	9.00 am	Norton St Philip, Morning Prayer	
Tuesday 20 Sept	6.00 pm	Laverton, Evening Prayer	
Wednesday 21 Sept	8.30 am	Hemington, Morning Prayer	Zoom
	6.00 pm	Rode Chapel, Ecumenical Informal Prayer	
Thursday 22 Sept	6.00 pm	Norton St Philip, Silent Prayer	
Sunday 25 Sept HARVEST	9.00 am	Tellisford, Holy Communion	C Walker/B Day J Robinson/M Harrison C Walker/B Day
	10.30 am	Rode St Lawrence, Informal Worship	
	10.30 am	Norton St Philip, Harvest Holy Communion	
	11.00 am	Laverton, Matins	
Monday 26 Sept	9.00 am	Norton St Philip, Morning Prayer	
Tuesday 27 Sept	5.00 pm	Tellisford, Evening Prayer	
Wednesday 28 Sept	8.30 am	Hemington, Morning Prayer	Zoom
	6.00 pm	Rode Chapel, Ecumenical Informal Prayer	
Thursday 29 Sept	6.00 pm	Norton St Philip, Silent Prayer	

[www.hardingtonvale.org.uk](http://www.hardingtonvale.org.uk)

### RODE CHAPEL SERVICES FOR SEPTEMBER

Sunday 4th September: Readers' Service

Sunday 11th September: Mrs. T. Mugridge

Sunday 18th September: Harvest Festival

Sunday 25th September: Rev. G. Warmington

## SEPTEMBER 2022 DIARY

All Month	Catch The Bus Campaign see pages 4 & 6
Mon 5 Sep	NB No Monday Lunch Club this month see page 29 for details
Mon 5 Sep	9.45-11.15am Rode Parent/Carer & Toddler Group restarts see page 24 for details
Tue 6 Sep	7.30pm Rode Parish Council Meeting see page 45 for details
Thu Sep 8	1pm-2pm NSP Lunchtime Concert see page 35 for details
Fri 9 Sep	Deadline for Rode Sunflower Competition entries see page 27 for details 2.30pm Rode Over 60s Quiz see page 28 for details
Sat 10 Sep	Big Green Weekend see pages 20 & 36 for details
Sun11 Sep	Big Green Weekend see pages 20 & 36 for details
Tue 13 Sep	10am Rode Walking Group see page 28 for details
Fri 16 Sep	11.25-11.55am Mobile Library, High Street, Rode
Mon 19 Sep	2.30-4pm Forgot Me Not Café see pages 16 & 37 for details
Tue 20 Sep	<b>OCTOBER LINK COPY DEADLINE</b>
Fri 30 Sep	8pm RPF Lottery Draw, The Cross Keys see page 13 for details

## FORWARD PLANNER

Sat 1 Oct	7.30pm Harvest Supper see page 37 for details
Mon 3 Oct	12.15pm Monday Lunch Club see page 29 for details
Thu 6 Oct	1pm-2pm NSP Lunchtime Concert details tbc
Sun 14 Oct	7.30pm Explorer Scouts Fundraiser see page 38 for details
Tue 18 Oct	7.30pm Rode Memorial Hall Meeting see page 8 for details
Sun 30 Oct	2am British Summertime ends clocks go back 1 hour
Sat 3 Dec	7.30pm Mendip Male Voice Choir in NSP see page 38 for details
Sat 10 Dec	10am-12noon Christmas Fayre in NSP see page 38 for details
Sun 25 Dec	BANK HOLIDAY Christmas Day
Mon 26 Dec	BANK HOLIDAY Boxing Day
Tue 27 Dec	BANK HOLIDAY in lieu of Christmas Day falling on Sunday 25 <sup>th</sup> December








## Sep 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		


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